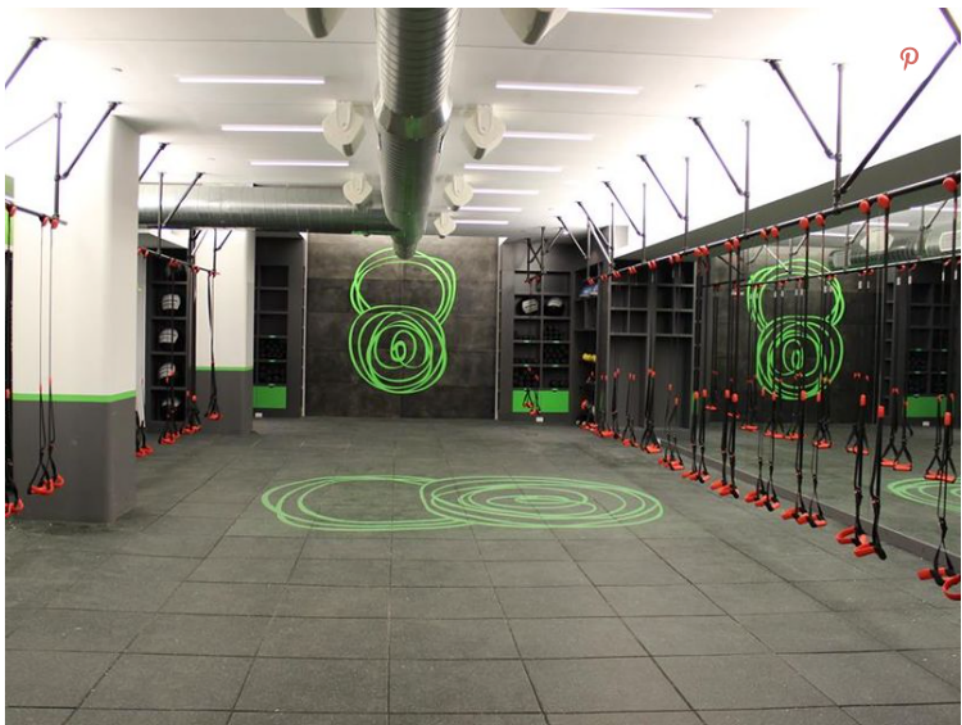


FEEL THE BURN • Upper East Side

The Fhitting Room Is Spreading Out on the Upper East Side

LAURA GURFEIN • Mar 9, 2015, 9:30a

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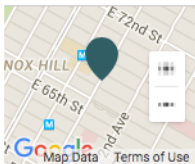
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Fatiron **isn't enough**. Over the weekend, interval training studio The Fhitting Room let its devotees know via email that they've got a third studio in the works at 67th Street and Third Avenue. It's a neighborhood they know fairly well: The HIIT-only gym got its start on 80th Street and Lexington Avenue. Despite their close proximity, they ensured gymgoers that they'll be keeping both locations.

Local community board **meeting notes** reveal that they're headed to the fifth floor of 1151 Third Avenue, in what the gym has dubbed as "the penthouse." When they open this summer, perhaps it'll give kettlebell swingers a good view of local like-minded businesses such as Flywheel Sports, SLT, Soulcycle, Equinox, Juice Press, Reebok, Lululemon, and Nike.

Related: Is the Lenox Hill section of the Upper East Side the city's new fitness hotspot?



The Fhitting Room
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